

March 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 1pm Yoga	2 8 am Coffee & Donuts
3	4 10am Exercise 1 pm Bible Study 2 pm Speaker-Staying Active	5 2 pm Church-Father Pat Lamb, Notre Dame RC, Bethlehem	6 10am Exercise 1pm Bible Study 1-3 pm Computer Class 6:30 Poker League	7 10am Chat Room 2 pm Speaker- Becoming Heart Healthy/BP screening	8 1pm Yoga 5:30pm Will Bowling	9
10 St. Patrick's Day Party	11 10am Exercise 1 pm Bible Study 1:30 pm Committee Mtg. 6pm BINGO	12 9-12 Rent Rebates/By Appt. 2pm Resident's Mtg.	13 9am Ashes will be given in the Patío 10am Exercise 1pm Bible Study 2pm Book Club 1-3 pm Computer Class	14 10am Chat Room 2pm Church-Rev. Donald Schwartz, retired	15 1pm Yoga 5:30pm Will Bowling	16 11 am Soup & Hot Dogs
17	18 10am Exercise 1 pm Bible Study 6pm BINGO	19	20 10am Exercise 1pm Bible Study 1-4pm AARP Tax Preparation/By Appt. 2pm Speaker Nutrition for Heart Health 6:30 Poker League	21 10am Chat Room 2 pm Church-Rev. Joy Wwyler, Unity of the LV, Emmaus	22 1pm Yoga 5:30pm Will Bowling	23
24	25 10am Exercise 11am Therapy Dog 2pm Speaker-A Heart Healthy Diet	26 9-12 Rent Rebates/By Appt.	27 9:30-12 Massages/By Appt. 10am Exercise 1pm Bible Study 6:30 Poker League	28 10am Chat Room 2pm Church-Rev. James Muske, St. Matthews's Lutheran, Bethlehem	29 1pm Yoga 5:30pm Will Bowling	30
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